

# Saint Report for St. Malachy Confirmation Prep Class

## Due: Sunday, Nov. 12, 2023

As you go through your preparation for Confirmation, choosing a saint is an important step. You will want to choose a saint you would like to be more like as well as someone who can pray for you from Heaven.

Saint Paul tells us, "We are surrounded by so great a cloud of witnesses" (Hebrews 12:1). These witnesses are the saints who continually intercede for us, according to the Catechism of the Catholic Church #956. They also serve as a model for living while here on Earth.

Everyone will be choosing a saint during year one of their preparation for the Sacrament of Confirmation as a way to begin developing a relationship and friendship with their patron. The purpose of choosing a Confirmation name is that it will serve as a reminder to your commitment to God as well as your inspiration for being a steward of the Church.

Your Confirmation name should be a well thought out choice. You will be writing an essay - much like you do for school - about the life of this saint and what you learned. ***Please keep in mind, if you don't put effort into this essay, you will be asked to do more research and redo the essay.***

The following needs to be in your essay in paragraph format.

- Background of the saint's life (in depth)
- How did the saint serve God and become holy?
- What virtue or virtues is/are the saint known for excelling at during his/her life?
- Why does the saint appeal to you? (How are you like the saint? or What is it about the saint that you want to be like?)
- What can you learn from this saint?
- What interesting facts or legends did you learn about this saint?
- What miracles are attributed to the saint?
- What does taking on this saint's name at Confirmation mean to you?
- How will you incorporate this saint into your life?
- Include a picture of your saint if available.

### **Things to keep in mind:**

- Make sure you read about a couple different saints.
- Do not pick a saint solely because you like the name or someone you know has that name. Make sure you read about the saint.

- Pick a saint that you can develop a relationship with over the next two years because you will not be changing saint names once you choose.
- You can pick a saint of a different gender.
- This essay is due by **Nov. 12, 2023!!** Do not wait until the day it is due to begin writing because then there will be a conversation.
- Do not copy your essay directly from a website or book. You will be asked to redo it. Put effort and thought into this.

**Websites:**

- [www.ewtn.com](http://www.ewtn.com)
- [www.vatican.va](http://www.vatican.va)
- [www.catholic.org](http://www.catholic.org)
- [www.franciscanmedia.org/source/saint-of-the-day](http://www.franciscanmedia.org/source/saint-of-the-day)
- [www.newadvent.org](http://www.newadvent.org)
- [www.catholicsaints.info](http://www.catholicsaints.info)

If you need more information or resources about the lives of the saints, please email Kimberly Souba, Director of Religious Education, as she has many resources in her office on the lives of the saints. Her email is: [ksouba@stmalgeneseo.org](mailto:ksouba@stmalgeneseo.org).